

# **EMERGENCY AND/OR ACCIDENT PROCEDURES ( non first aid )**

The below is a basic outline of what could be needed and used in the case of a racing accident, but it does not cover all or every possible scenarios that could possibly happen when conducting cycle road racing or group recreational riding.

Communication is key to seeking help and support for any incident so it would help if phones were carried and the emergency + app was installed.

<http://emergencyapp.triplezero.gov.au/>

At the scene check for any dangers to your self, bystanders, the casualty/s and remove any hazards such as bikes, equipment or any thing else wear possible that may cause further accidents including bystanders and competitors who are not assisting.

But do not put your self in danger doing any of the above or any thing else.

If a First Aid person, or person who is confident in helping is not at the scene first and you have a phone or two way radio call for assistance from a event official or in serious situations call 000 or phone app Emergency + when it would be needed.

Where possible have 2 people with the injured and 2 in opposite direction approx 200 meters from the injured to warn and slow traffic but be off the roads edge and not in danger of becoming a casualty

If the injured are able to move by them selves or with some assistance have them Move away from the road or road edge to be at a safe distance from the road. But still where possible have 2 people with the injured and 2 in opposite direction approx 200 meters from the injured to warn and slow traffic but be of the roads edge and not in danger of becoming a casualty.

Any extra bystanders or competitors should be well off the road and away from the casualty/s or competitors can continue on with the race or ride.

Your safety is most important you do not want to be a casualty from putting yourself in dangers way.

If you have witnessed and /or assisted at an accident during a race you will need to see the Chief Marshall and/or commissioner to supply information about the incident to help with the reports that are needed to be fill in.